1:McIlwraith E-5 (1922-1924)1948
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the most *human* of all substances, and, therefore, a potent protection against supernatural beings. It is valuable as a defence against evil monsters, but it is equally deadly to shamans and other human beings with supernatural powers. In the distant past, Raven taught mankind that to sleep with a menstruating woman would so blind a man that he would be unsuccessful in hunting. The belief is that animals, knowing everything that takes place, avoid one who is so unclean. One old man mentioned that he had failed to obey this injunction and considered his loss of virility as a punishment, overlooking the fact that he was over seventy years of age.

The coming of adolescence in a boy is recognized by change in voice and the other usual indications. He is neither taboo nor unclean, and consequently does not have to undergo any restrictions on his actions. There is no ceremony to mark the entry of a youth into adult membership of the tribe; instead, this comes gradually and puberty is no more than an indication of increasing age and strength.

Marriage

Like most so-called "primitive" peoples, the Bella Coola regard the married state as the normal condition of man. Anyone unwilling to wed is considered unnatural. Since the number of the sexes is approximately equal, the only persons forced to live alone are elderly widows and widowers, and those crippled, either mentally or physically. Such individuals are looked upon as unfortunate; in fact, they have failed in one of the most fundamental of life's struggles. Man provides fish and game, builds houses and canoes, while woman collects berries, makes baskets, cooks, and performs the multitudinous small household tasks.

"Is it not to the benefit of each to marry?" say the Bella Coola.

Marriage is not a mere economic arrangement, nor is its sole function to regulate relations between the sexes. Its most important feature is that it governs the status of the child.

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APPENDIX A

MECHANICAL PROCESSES

NO attempt was made to study either the material culture of the Bella Coola, or their methods of manufacturing, but information on some points was obtained incidentally. All sociological and religious features connected therewith have already been described.

THE TAKING AND PREPARATION OF OLACHEN

The run of olachen, *sputɣ*, comes about the end of April, and as many as possible are caught. In preparation, nets, *älte'x*^{u}, are brought out from the boxes where they have been stored during the winter, examined, and repaired. If necessary, new ones must be manufactured out of nettle-(*lsna-*) fibre laid away by the women for this purpose. By rolling the material on their legs, they produce a thin twine; five strands of this are then interwoven, making a finished cord capable of resisting great strain. The nets are constructed by the men. The type used at the present time, which is said not to differ from that formerly employed, consists of a purse-like sack, oval in cross-section, open at the wider end and tapering very gradually to the other, which is closed. The total length is about thirty feet, the diameter at the open end about eight feet, and at the closed end about three feet. A new net is dipped in a mixture of boiled hemlock-bark to darken it, and then boiled in a solution of willow-bark to prevent the knots from slipping.

The setting out of a net is not an easy task, so two or three men agree to work as partners. In the present degenerate days, property rights are not respected and each group selects a suitable spot. The best location is where the water is about three feet deep and runs rapidly, but without ripples, over a smooth piece of the bottom; such a place is called a *skläɣ*. When the fish begin to run plentifully, the partners paddle out to set their net, taking with them four stakes, each about ten feet in length. The weight of a full net is tremendous, so the poles have to be driven down at least six feet, a difficult task on account of the stony bottom. Selecting the exact spot, one of four posts, *älkdjälos*, is set upright and held in position by being tied to a cross-piece, *nudjiqosta*, fastened to the canoe for the purpose. While his two partners hold the craft steady, the third man begins to pound down the stake; metal mauls are now commonly used, but in former times this work was always done with an unhafted stone maul, *lixwoma*. The fishermen relieve one another intermittently until the top of the pole has been driven down to within

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501 of the older people remember seeing in their youth another type, *lakan*, with a high raised prow; this may have been identical with the *milka* which others describe as having an elevated bow and a low stern. An entirely different craft was the *tamkwl·i*, named from one of the geese, [825] probably the white-fronted goose. A strip of maple fastened along each side caught the water in moving, with a sound like that of the peculiar rustling flight of the bird. The bow was often carved in the form of a [532] bird's head and the stern in that of a tail to further the resemblance. No living Bella Coola claims to have seen one of these canoes, though some had heard of them from their grandparents. The large, open type of canoe made by the Haida was known to the Bella Coola, but not constructed by them. Sails were used on all ocean-going canoes; they were usually of matting, though skins sewn together were occasionally employed.

501 Canoes are occasionally lashed together. In several *kusiut* dances a 535 wide platform for dancing is required, and the need is met by lashing planks crosswise over two canoes, near the bow and stern, thus fastening them together. Planking is laid on the two supports and a platform so constructed. Careful inquiries showed that this fastening was merely a temporary arrangement; the booms were not bound in any particular manner, nor was there any fixed distance between the craft. Sometimes 501 the same expedient was used for transport when the load was too heavy [171] for two canoes separately, a device which is said to have been used more commonly by the tribes of the outer coast than the Bella Coola. Canoes lashed together are termed *ăs·awanăx̣*.

Rafts, *satskwal·a*, consisting of rough logs fastened together with cross-pieces, were commonly used on the lakes of the interior, and occasionally for river work when canoes were unavailable and there was no time to make them. Another expedient in similar emergencies was to [177] make bark canoes, such as are still constructed by the Carriers. The Bella Coola regard the construction of these as definite copying, and do not profess to have as much skill as their teachers whose canoes, it is said, can be folded for portaging. There is a tradition that, many generations ago, a few clever Bella Coola knew how to make skin canoes.

THE PREPARATION OF CEDAR-BARK

314 Early spring is the time to *sustukuls*, that is, to gather the inner bark [221] of the cedar. Men occasionally assist in the task, though this is really woman's work. The worker selects a small cedar, choosing one about [462] six inches in diameter, with smooth trunk and relatively free from knots. With a knife she makes a horizontal incision in the bark, two or three feet [412] from the ground, sometimes girdling the sapling. Then she inserts her